

White Hat Seminar

Holding and Blocking in the Back

Hank Mancini



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- Clarification of Blocking Rules

- 1. Everybody grabs, but when does grabbing become holding
- 2. If there is a potential for offensive holding but the action occurs away from the point of attack and has no effect on the play, offensive holding will not be called.
- 3. If there is a potential for defensive holding but the action occurs away from the point of attack and has no effect on the play, defensive holding will not be called.
- 4. All takedowns will be called regardless of position of the player on the field or whether or not the takedown occurs at the point of attack.
- 5. Holding of eligible receivers

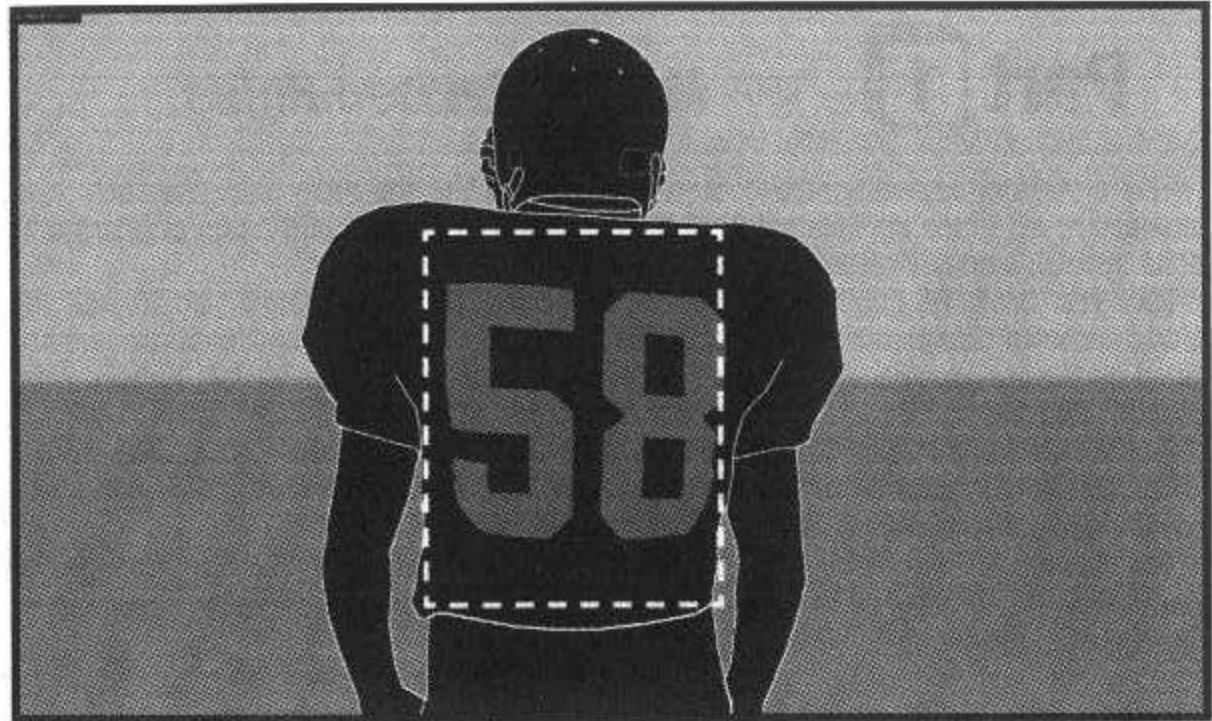


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- Clarification of Blocks In the Back
 - 1. The guideline is whether both hands are on the back. (Back = numbers)
 - 2. The direction of the player being blocked. When blocked in the back illegally, a player will fall or move in the same direction as his initial momentum. (+ 15 o)
 - 3. For side blocks with one hand on the back, look for which hand guides player. If player being blocked moves sideways, block is legal. If player being blocked moves forward, block may be illegal.



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Action on Kicker

Bob Sietsema



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- [Roughing the Kicker](#)
- [Running into the Kicker](#)
- [Incidental Contact](#)



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- **Roughing the Kicker**
(15 yards and Automatic First Down)
 - **Contact while the kicker is airborne**
 - **Contact to kicker's leg(s) causing displacement**
 - **Contact to kicker's head/helmet**
 - **Swinging motion of arm/elbow**
 - **Continuing charge after contact**



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- Running into the Kicker
(5 yards and Repeat of down)
 - Rule Book Definition: Contact that displaces kicker without roughing
 - Contact is above the waist and defensive player is making some attempt to “pull up”
 - Minor contact with kicker’s leg(s) after kicker has regained balance



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- Incidental Contact
(No foul by defense)
 - Defensive player blocked into kicker
 - Defense touches kicked ball and contact is unavoidable
Note: Touching kick is NOT a free pass
 - Kicker attempts to “win an Oscar”

